

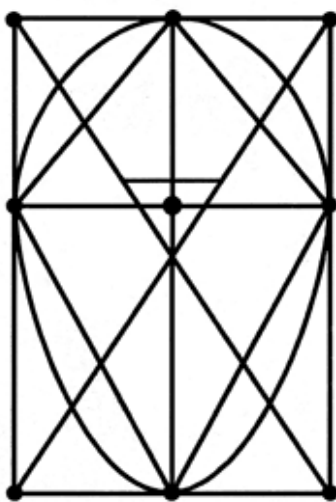
## SOURCEPOINT THERAPY®- Module 2

### **The Inner Temple: Sacral Therapy, Guardians of the Body and Energetic Structures**

Workshop with Marisol Aimée Valente

**2023 – MARCH 25/26/27**

Soquel/California



*“In a complex world, simplicity has great power, SourcePoint Therapy is a simple approach to healing for the 21st century.” Bob Schrei*

*“A joyful radiance of health is attained only as the body conforms more nearly to its inherent pattern. This pattern, this form, this Platonic idea, is the blueprint for structure.” Ida Rolf*

**Source Point Therapy** is a simple, non-invasive energetic approach to healing. It is based on the premise that underlying our physical body exists an energetic, geometric and informational field – the **Blueprint of Health**. This **Blueprint**, the matrix of healing energy, contains the essential information of **Order, Balance, Harmony, and Flow** that creates, develops and sustains all life.

Module 2 focuses on points located on the physical body that open, relax, and support the sacrum, as well as guardian points to activate the natural guardian energies of the body. Students learn to work with energetic structures in the body’s energy field to bring balance and order to the flow of energy in the physical body.

## In this workshop you will:

- deepen the connection to the Blueprint of Health;
- deepen the knowledge of Module 01;
- deepen the principle of "Getting out of the way";
- work with the Triad;
- learn to work with sacral points and sacral holds that open, relax and support the sacrum;
- learn to work with the Guardian Points that activate the natural guardian energies of the body;
- learn to work with energetic structures in the body's energy field, our inner temple – midline, stick figure, crescent moon, gold point, chackra points - to bring balance and order to the flow of energy in the physical body;
- Further scanning techniques;
- Further self-help tools.

## Who is this course for?

Everyone that concluded SourcePoint Therapy Module 01.

### Logistics / Information:

Dates:	2023 – March 25/26/27
Time:	Saturday 9:30am – 6pm Sunday 9:30am – 6pm Monday 9am – 4pm
Place:	<b>3920 Cherryvale Av., Soquel-CA</b>
Participants:	Maximum 10
Class Fee:	<b>\$600,-</b>
Contact:	PILAR - <a href="mailto:pillarrolfing@cruzio.com">pillarrolfing@cruzio.com</a>

### Marisol Aimée Valente

Certified Advanced Rolfer™ and Mentor, Rolf Movement™ Practitioner, Pilates Instructor, Craniosacral and SourcePoint® Therapist.

Her work has been strongly influenced by Dr. James Jealous (Biodynamic Osteopathy), BodyMind Centering® and Continuum Movement®, besides her meditation practice.

