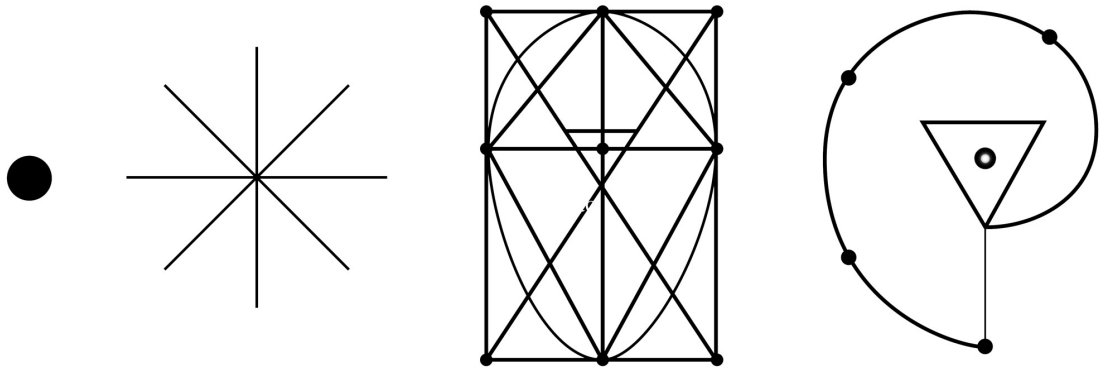


SOURCEPOINT THERAPY® TRAINNING

Workshops with Marisol Aimée Valente



Module 1 - THE BLUEPRINT

Fundamental Principles and Practices of SourcePoint Therapy®

2023 - September 01/02/03 - Munich

Module 2 The Inner Temple

Sacral Therapy, Guardians of the Body and Energetic Structures

2023 – December 08/09/10 - Munich

Source Point Therapy is a simple, non-invasive energetic approach to healing. It is based on the premise that underlying our physical body exists an energetic, geometric and informational field – the **Blueprint of Health**.

This **Blueprint**, the matrix of healing energy, contains the essential information of **Order, Balance, Harmony, and Flow** that creates, develops and sustains all life.

In a complex world, simplicity has a great power.

SourcePoint Therapy is a simple approach to healing for the 21st century. – *Bob Schrei*

Logistics / Information:

Dates: **2023 – Mod 01 September 01 / 02 / 03**
– **Mod 02 December 08 / 09 / 10**

Time: Friday to Sunday / From 9:30am to 6pm

Address: **Sollner Strasse, 43 81479 - Munich**

Participants: Maximum 12

Class Fee: Mod 01: **€520,-** / Mod 02: **€500,-**

Contact: **marisolvalente@hotmail.com**

Workshops content:

MOD 01

- introduce the principle of the Blueprint of Health and Original Health;
- give participants a grounding in the theoretical foundation of this approach, exploring the concept of the Blueprint from the perspective of different healing, philosophical and spiritual traditions;
- teach energy scanning techniques for locating blockages in the physical body that are obstructing the flow of information from the Blueprint;
- Teach energy scanning techniques for locating the most appropriate entry point for each specific session;
- Instruct the students in the principles and use of the fundamental Source Points in the human energy field that connect the physical body directly to the Blueprint of Health: Diamond, Golden Rectangle Navel and Sacral points.



MOD 02

- deepen the connection to the Blueprint of Health;
- deepen the principle of "Getting out of the way";
- work with the Triad and the principle of "Getting out of the way";;
- learn to work with sacral points and sacral holds that open, relax and support the sacrum;
- learn to work with the Guardian Points that activate the natural guardian energies of the body;
- learn to work with energetic structures in the body's energy field, our inner temple – midline, stick figure, crescent moon, gold point, chakra points - to bring balance and order to the flow of energy in the physical body.

Who Can Benefit from SourcePoint Therapy® Training?

Anyone interested in supporting their own Health, or that of family and friends can benefit from the training.

SourcePoint Therapy® can be integrated with any form of manual or movement therapy and self-inquiry practices.

Also for Medical Doctors, Psychologists, Nurses, Psychotherapists, Teachers, Dancers that want to include the energetic dimension in the exploration.
(www.sourcepointtherapy.com)

"HEALTH is that perfect matrix, present within us from the moment of conception, which precedes the emergence of form. Health is more inherent in the geometry than in the genetics." Mark E. Rosen, DO



Marisol Aimée Valente

Certified Advanced Rolfer™ and Mentor,
Rolf Movement™ Practitioner,
Pilates Instructor, Craniosacral and SourcePoint® Therapist.
Her work has been strongly influenced by Dr. James Jealous (Biodynamic Osteopathy), BodyMind Centering® and Continuum Movement®, besides her meditation practice.