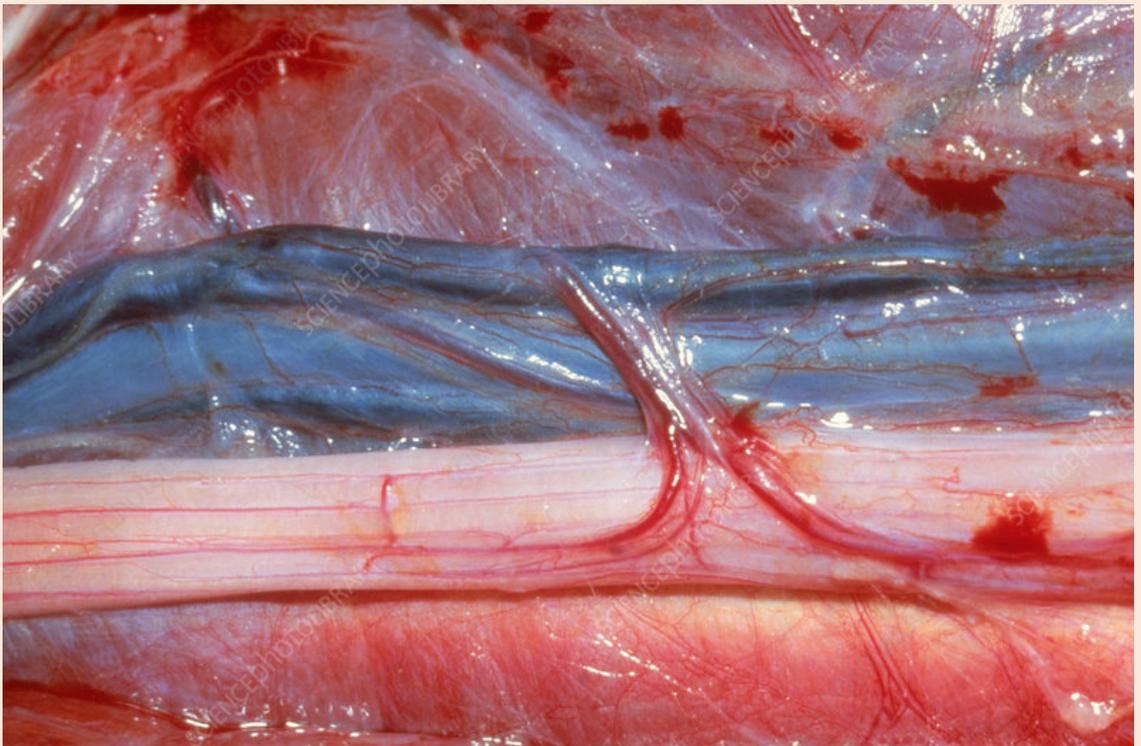


Neuro Vascular Bundle (NVB)

Basics of working with NVB in the context of Rolfing

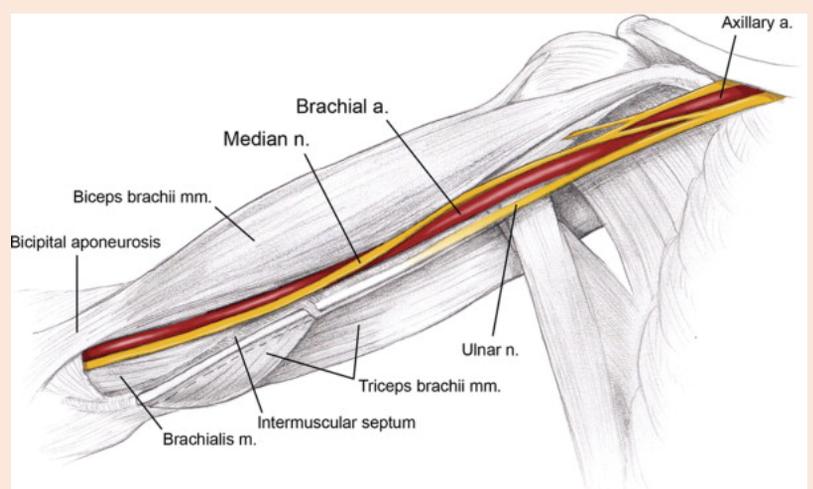
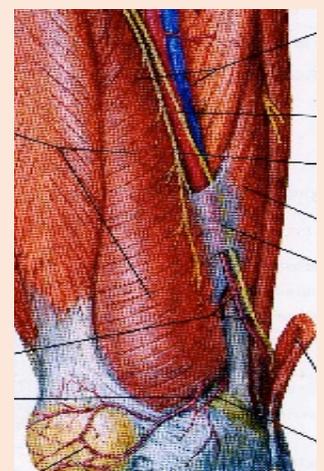
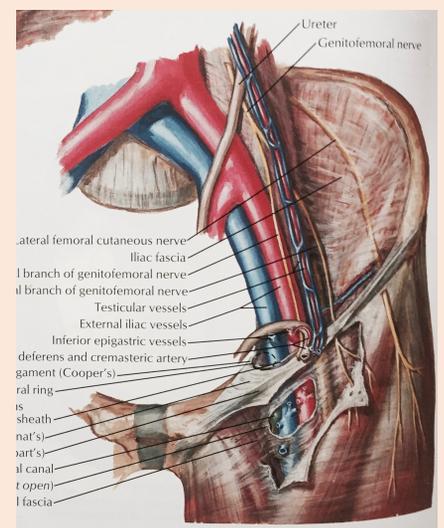
Workshop with Konrad Obermeier
October - 2022 in Munich



Wrapped in **connective tissues** a neuro-vascular-bundle embryologically functions as a **developmental fulcrum** guiding the growth-movement of structure. We can manually address these original and central tensional structures relating the axial **space of being** to the peripheral **space of doing**.

In this workshop we will:

- ✓ get an introduction to and an overview of the organization of the neurovascular bundle of legs and arms and its basic embryological development.
- ✓ get an introduction to and an overview of the role and embryological development of the circulatory system.
- ✓ discuss the layers of connective tissue that surrounds the neurovascular bundle that manifest a tensional relationship from the center towards the peripheral area of growth.
- ✓ highlight the topography and structures along the path the neurovascular bundles transverse and discuss the benefits of having them free to glide.
- ✓ learn to use general techniques for mobilizing neurovascular bundles.
- ✓ Apply selected techniques to neural manipulation and learn how to apply to the structural patterns of our clients.
- ✓ Explore fundamental aspects of listening to orient our diagnostic, palpatory and treating hands.



We will study together with:

- ✓ Information - lectures on anatomy, on the relationship of the neurovascular bundles and structure;
- ✓ Body assessment – pattern identification using visual, movement and palpatory assessment;
- ✓ Hands-on – demonstrations and exchanges on practical manual techniques; introduction to how to contact neurovascular bundles;
- ✓ Integration – ways to integrate neural manipulation on our daily work.

Logistics / Information:

Dates: **2022 – 28 / 29 /30 OCTOBER**

Time: Friday 2pm – 6pm
Saturday 10am – 5pm
Sunday 9am – 1pm

Place: **Sollnerstrasse 43, 81479 Munich**

Credits: **2 Manipulative credits**

Participants: Maximum 12

Class Fee: € 390,-



Konrad Obermeier –

Is a Certified Advanced Rolfer™ and Movement Practitioner since 1991. Anatomy Teacher for the European Rolting Association® and the Dr. Ida Rolf Institute® – Boulder Colorado. Chair of Anatomy Department. Teaches Visceral Manipulation, Anatomy and Biodynamic Embryology after Dr. Erich Blechschmidt.