



## **SOURCEPOINT THERAPY® - Module 1**

### **THE BLUEPRINT: Fundamental Principles and Practices of SourcePoint Therapy®**

Workshop with Marisol Aimée Valente  
February 10/11/12 - 2023 in Munich

**Source Point Therapy®** is a simple, non-invasive energetic approach to healing. It is based on the premise that underlying our physical body exists an energetic, geometric and informational field – the **Blueprint of Health**.

This **Blueprint**, the matrix of healing energy, contains the essential information of **Order, Balance, Harmony, and Flow** that creates, develops and sustains all life.

**Source Point Therapy** was designed to enhance and expand whatever modality you are using as a practitioner or receiving as a client to support your health. Founders Donna Thomson and Bob Schrei developed the approach over a period of 10 years beginning in 1995. It has been taught worldwide since 2005.

In a complex world, simplicity has a great power.

SourcePoint Therapy is a simple approach to healing for the 21st century. – *Bob Schrei*

#### **Logistics / Information:**

Dates: **2023 – February 10 / 11 / 12**  
Time: Friday / Saturday / Sunday  
9:30am – 6pm  
Address: **Sollner Strasse, 43 81479 - Munich**  
Participants: Maximum 12  
Credits: 2 Elective (for Rolfers)  
Class Fee: **€520 –**  
**€500 - Early birds till December 10<sup>th</sup> 2022**  
Contact: **marisolvalente@hotmail.com**

## This workshop will:

- introduce the principle of the Blueprint of Health;
- introduce the concept of Original Health in each individual;
- give participants a grounding in the theoretical foundation of this approach, exploring the concept of the Blueprint from the perspective of different healing, philosophical and spiritual traditions;
- teach energy scanning techniques for locating blockages in the physical body that are obstructing the flow of information from the Blueprint;
- Teach energy scanning techniques for locating the most appropriate entry point for each specific session;
- Instruct the students in the principles and use of the fundamental Source Points in the human energy field that connect the physical body directly to the Blueprint of Health: Diamond, Golden Rectangle Navel and Sacral points.



## Who Can Benefit from SourcePoint Therapy® Training? Anyone interested in supporting their own Health, or that of family and friends can benefit from the training.

**SourcePoint Therapy®** can be integrated with any form of manual or movement therapy and self-inquiry practices. Also for Medical Doctors, Psychologists, Nurses, Psychotherapists, Teachers, Dancers that want to include the energetic dimension in the exploration. ([www.sourcepointtherapy.com](http://www.sourcepointtherapy.com))

*“HEALTH is that perfect matrix, present within us from the moment of conception, which precedes the emergence of form. Health is more inherent in the geometry than in the genetics.” Mark E. Rosen, DO*



### Marisol Aimée Valente

Certified Advanced Rolfer™ and Mentor, Rolf Movement™ Practitioner, Pilates Instructor, Craniosacral and SourcePoint® Therapist. Her work has been strongly influenced by Dr. James Jealous (Biodynamic Osteopathy), BodyMind Centering® and Continuum Movement®, besides her meditation practice.